

## NDP BOYS SOCCER SUMMER CONDITIONING SCHEDULE

- Conditioning begins Monday, 6/15
- Conditioning sessions will be every Monday & Wednesday from 5 – 7 pm
- No conditioning on 6/29 and 7/1 due to the holiday
- No conditioning 7/20 and 7/22 due to midweek soccer camp
- The last conditioning session will be on Wed., 8/5'

## NDP BOYS SOCCER SUMMER SOCCER CAMPS

- Midweek camp runs from 7/20-7/23; 6 – 8 pm; Application can be found on the school's website
- Team weekend camp will run 7/24 – 7/26 in Traverse City, MI; Application can also be found on the school's website

**SOCCER PRACTICE & TRYOUTS WILL  
BEGIN ON WED., 8/12. TIME AND  
LOCATION TO BE ANNOUNCED AT A LATER  
DATE.**

***Remember...no physical, no  
practice. State law. Make sure you  
stop to pick up the medical form  
from the athletic office to take to  
your physician. You may check  
with the school as they may offer  
physicals at the school.***